

# Awaken Now Acupuncture & Wellness Inc.

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## *Personal Information*

Patient Name:

\_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_

Gender:

\_\_\_\_\_

Address:

\_\_\_\_\_

City:

\_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Telephone (Day:)

\_\_\_\_\_

Telephone (Mobile):

\_\_\_\_\_

Email Address:

\_\_\_\_\_

Occupation:

\_\_\_\_\_

Referral Source:

\_\_\_\_\_

Who is your primary health care provider/MD?

\_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone:

\_\_\_\_\_

**Main Complaint**

1. Please identify your major health concerns \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How long have you had this problem?

\_\_\_\_\_

Have you been given a diagnosis for these problems?

\_\_\_\_\_

What other treatments have you tried and what were the outcomes?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**Personal Medical History** (Please include your childhood history)

Illnesses	
Surgeries	
Significant Trauma: (i.e. motor	
Do have a history of current or past infectious disease? Please describe	
Medicines (please list all medications, herbs, vitamins and over the counter drugs)	

Allergies/Sensitivities (Please list any foods, drugs, medications or environmental factors which you	
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**General** (please check all that apply)

Poor Appetite	Weakness	Sudden Energy Drops
Hearing Loss	Fevers	Chills
Easy to Bleed or Bruise	Sweat Easily	Fatigue
Strong Thirst	Poor Sleep	Tremors
Puffiness or Swelling	Poor Balance	Weight Loss
Night Sweats	Cravings	Weight Gain
Changes in Appetite	Other:	

**Skin & Hair**

Rashes	Itching	Dandruff
Skin Ulcers	Eczema	Hair Loss
Hives	Pimples	Recent Moles

**Head, Eyes, Ears, Nose, and Throat**

Dizziness	Toothache	Blurry Vision
Cataracts	Ear Ringing	Sinus Problems
Taste/Smell Problems	Headaches	Concussions
Eye Strain/Pain	Night Blindness	Poor Hearing
Nose Bleeds	Facial Pain	TMJ Pain
Migraines	Ear Aches	Spots in Front of Eyes
Recurrent Sore Throat	Lip or Tongue Sores	Floaters

**Cardiovascular**

	High Blood Pressure		Low Blood Pressure		Irregular Heartbeat
	Cold Hands or Feet		Blood Clots		Palpitations
	Swelling of Hands		Swelling of Feet		Chest Pain
	Phlebitis		Fainting		Lightheadedness

**Respiratory**

	Cough		Bronchitis		Difficulty Breathing
	Phlegm		Coughing Up Blood		Pneumonia
	Asthma		Painful Breathing		Easily Winded

**Gastro-Intestinal**

	Nausea		Constipation		Diarrhea
	Bad Breath		Ulcers		Abdominal Pain
	Chronic Laxative Use		Vomiting		Intestinal Gas
	Indigestion		Rectal Pain		Belching
	Blood in Stools		Hemorrhoids		

**Urology**

	Painful Urination		Urgency to Urinate		Unable to Hold
	Decrease in Urine		Frequent Urination		Blood in Urine
	Cloudy Urine		Kidney Stones		Frequent Night Urination
	Pain in Groin Area		Sexually Transmitted		
			Disease		

**Neuro-Psychological**

	Seizures		Areas of Numbness		Concussion
	Twitches		Lack of Coordination		Depression
	Irritability		Loss of Balance		Stress
	Poor Memory		Anxiety		Mood Swings

	Tremors			
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***Gynecology***

<input type="checkbox"/>	Age of Menses	Irregular Periods	Clots
<input type="checkbox"/>	Duration of Menses	Painful Periods	PMS
<input type="checkbox"/>	Date of Last Menses	Breast Lumps	Menopausal
<input type="checkbox"/>	# of Pregnancies	Spotting	Yeast Infections
<input type="checkbox"/>	# of Births	Vaginal Discharge	Fertility Problems

***Musculo-Skeletal***

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> Muscle Weakness    | <input type="checkbox"/> Muscle Cramping   |
| <input type="checkbox"/> Muscle Spasms                | <input type="checkbox"/> Scoliosis          | <input type="checkbox"/> Weak Joints       |
| <input type="checkbox"/> Pain with<br>Weather Changes | <input type="checkbox"/> Pain with Activity | <input type="checkbox"/> Pain After Waking |